

What is Group Spiritual Direction?

Group spiritual direction is **a way** of **listening and reflecting with a community** of **fellow seekers** on **our encounters** with God in everyday life. Over time, group direction transforms who we are and how we understand our **calling in the world**.



Are you longing to expand your capacity to listen to God in your heart and the hearts of others? Are you interested in facilitating a group of people for this purpose? If so, we invite you to join us for this short course on participating and facilitating a process known internationally as Group Spiritual Direction.

REGISTER NOW.

- **WHAT:** Three weekly virtual sessions for three consecutive weeks facilitated by seasoned practitioners Ann Starrette & Nancy Bellamy.
- **WHEN:** Thursdays, February 15, 22, and 29, 2024, from 6:00 - 7:30 pm
- **WHERE:** Virtual on Zoom. Ongoing group opportunities after the third session.

- **CLASS SIZE LIMITED**
- **COST:** \$60 for all three sessions.
Please check your calendar before registering.
Training portions will be recorded and provided
- **TO REGISTER:** email nancy@starrettfarmretreat.com
-

SIDE NOTE:

The Group Spiritual Direction model – used internationally – was created by Rose Mary Dougherty, S.S.N.D., through her work at Shalem Institute for Spiritual Formation. In her book, *Group Spiritual Direction: Community for Discernment*, Sister Rose Mary writes of how her awareness of a "group" spiritual direction experience heightened through her reflection on John Wesley's "class meetings," the Society of Friends' Clearness Committee, and Wesleyan scholar David Watson's model of Covenant Discipleship groups. Expect to be surprised by God's grace.